



Bloomberg
SQUARE
MILE
RELAY
HONG KONG

Digital Race Pack

Thursday 9 October 2025

Central Harbourfront Event Space

One team. Ten runners. One mile each.

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RACE DAY SCHEDULE

October 2025

6 7 8 9 10 11
Mon Tue Wed Thu Fri Sat

5:00 PM Captains arrive to register teams

6:00 PM Team members to have arrived

6:30 PM Welcome & Official Race Briefing

6:45 PM Warm up

6:55 PM First runners in race pens

7:00 PM RACE STARTS!

8:45 PM Race finishes (approx.) & After Party

9:00 PM Awards presentation

10:00 PM Race Village closes

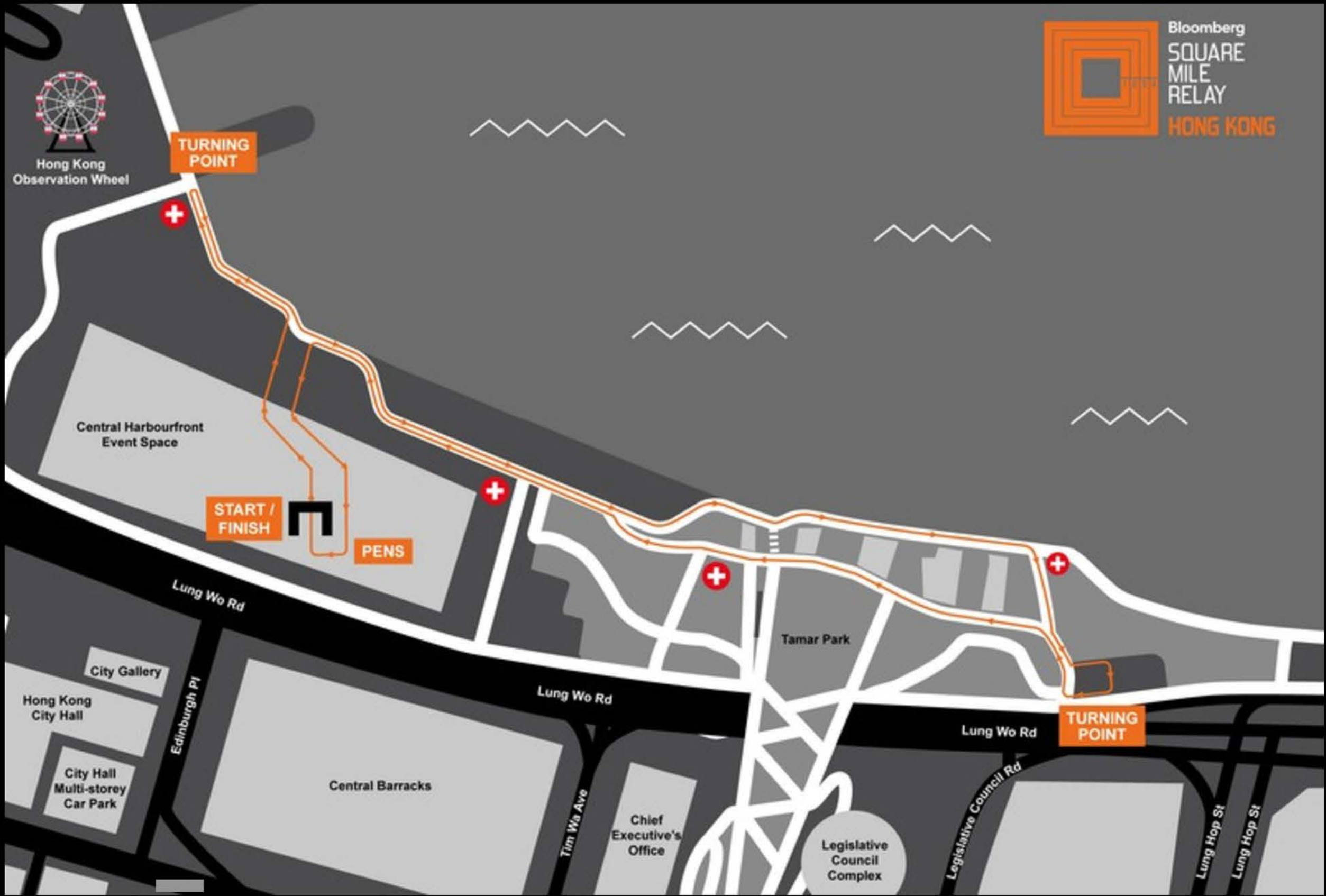
After your race

- Look out for the **results email** on Friday with those all-important times and placings.
- Keep an eye on your emails for instructions on how to access your complimentary **personalised race photos**.
- Also look out for our **post-race survey**, this is your chance to help us gain valuable insights and win a brand new Garmin or Apple Watch!

LOCATION & MAPS

Central Harbourfront Event Space

ROUTE MAP



VILLAGE MAP



ESSENTIAL EQUIPMENT

1 2 3 4

What to bring



Trainers

Please wear suitable running shoes with a good grip.



Your running kit

Please arrive ready to race as there are no changing facilities on site, though we do have a complimentary bag drop for you to leave your valuables whilst you race. Your luggage tag is attached to your race bib.



Waterproof / warm clothes

In case of poor weather, please bring appropriate clothing to ensure you stay extra dry or warm before, during and after the race.



Water bottle

Please help us make the race as eco-friendly as possible by bringing along a reusable water bottle. All runners will be able to collect a can of water after completing their mile.



Did you know?

We are committed to delivering sustainable races around the world, reducing our waste and taking responsibility for our environmental impact in every city we run. Find out more [HERE](#).

What not to bring



Headphones

Leave your headphones at home - running with headphones is not permitted on our one-mile course because we need you to pay attention to instructions from the race marshals and to be aware of other runners around you, especially in the transition area.

YOUR RACE BIB

Your captain will collect all team race bibs from the registration desk on event day at 5:00pm. This contains your hospitality vouchers and baggage label. Make sure you wear this on a prominent position on your t-shirt so we can tag you in your free personalised race photos.



Baggage label

Attach this label to your bag before handing them into the bag check area. Wearing your race number enables you to collect your bag as required.



Race number

The orange number indicates your team number, while the other colour is your runner start order number. Team captains need to ensure that runners are provided race numbers in the correct order, according to your team profile online, so that your first runner wears xx01 and your final runner wears xx10.



QR code

Scan this code to download the Square Mile Club App and see your team's position and lap times during the race.



Food & drinks vouchers

Once you have completed the relay, all runners can collect their meal and drinks from the hospitality tent or bar. Our hospitality staff will cross off each course or drink you have on your bib.

RACE FORMAT & BATON HANDOVER

You and your team of **ten runners** will take it in turns to run our unique one-mile (1.6km) route. This is done relay style, and your team baton must be passed to the next runner in the transition area in front of the team pens. Your team must finish all ten laps of the course to complete the race.

Please note, the timing chip is inside the baton, this is timed when it passes through the start/finish arch. Your final runner must hand the baton back to the event staff at the finish area.

1.



Only the person next to run in your team should be in the race pen.

2.



As your team mate approaches the transition area at the end of their lap, step out of the pen and prepare to collect the baton. The baton handover should take place in the area in front of your pen.

3.



Once the baton has been handed over, the runner who is leaving the course needs to keep running through the finish arch.

4.



After passing under the finish arch, the runner who is leaving the course should run into the finish area to the right. Do not stop or go back into the pens.



**CHECK OUT THE HANDOVER
IN ACTION HERE!**

RACE RULES

- 1.** Every team must complete 10 laps of the designated one-mile (1.6km) course.
- 2.** There can only be one participant per team on the course at any given time.
- 3.** Should any participant wish to walk instead of run during their lap, always keep to the side of the course to prevent blocking other participants.
- 4.** Your race baton contains your timing chip. Participants can only pass the baton by hand to their own team members, in the transition area, opposite the race pens - throwing, rolling or kicking the baton is not allowed.
- 5.** After handing the baton to their team member, the participant must immediately move into the Finish Area. The last participant must return their team baton to staff in the finish area.
- 6.** Each participant is required to display their bib number clearly throughout the race on the front of their t-shirt or vest.
- 7.** You must treat every participant, volunteer, spectator, and staff member with respect regardless of race, ethnicity, gender, sexual orientation, age, ability, or any other characteristic. Disrespectful behaviour of any kind will not be tolerated.
- 8.** Always prioritise the safety of yourself and others. Routes can be narrow in places so please ensure you follow the instructions of event staff, be aware of your surroundings, and give each other space wherever possible to prevent accidents and injuries.
- 9.** If there is a reason to believe that a lap time has been achieved by unfair means, that lap may be subject to a time penalty at the Race Organiser's discretion

No appeals are allowed. The Race Organiser's decision is final.

All teams need to ensure they meet our Eligibility Criteria.
Check your eligibility now

RACE RESULTS APP

Stay connected on race day with the official Bloomberg Square Mile Relay app.

Download now to follow live results as they happen, track your team's performance, and see where you stand on the leaderboards in real time. The app is the easiest way to keep track of performances and celebrate your team's achievement.



Scan here to
download the
app!

squaremileapp.com

Results will also be available on the website:
squaremilerelay.com/results

The Extra Mile

Launched in 2018, The Extra Mile is the global charity initiative of the Bloomberg Square Mile Relay, harnessing sport to tackle social challenges where we live and work. Aligned with Bloomberg's philanthropic ethos, it delivers local impact and inspires participants to go beyond the race to create lasting change.

Every mile run will contribute towards raising a **USD\$30,000** donation by the end of the event, which will be donated to The Extra Mile charity partner Hong Kong [Rugby For Good](#), supporting their Social Inclusion for Domestic Workers Programme.

Through female tag rugby sessions and tournaments, the programme helps domestic workers and their team coaches build skills, confidence, resilience, and leadership in a supportive community.

THE
EXTRA
MILE



橄欖成長基金
RUGBY FOR GOOD

PARTNERS & SUPPLIERS

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Headline Sponsor

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Global Apparel Partner

Reflo is a sustainable performancewear brand, turning single-use plastics destined for landfill and discarded coffee grounds into technical sports apparel. Predominantly crafted from recycled polyester, Reflo's fabrics use 50% less energy and produce 70% less carbon than virgin polyester, requiring no new oil. Reflo offers multifunctional apparel, specialising in golf but also catering for regular gym goers, runners, and other sports like tennis and padel.

www.reflo.com



Data Insights Partner

Contexis offers advanced analytics and unique insights to unlock human potential and business value in organisations. It uses the power of a pioneering people analytics platform, Contexis Insight®, combined with insights from the best business brains and academic researchers to deliver in-depth analysis, robust measurement, recommended actions, and predictive results.

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THE CLUBHOUSE

Fitness Partner

Bespoke Personal Training for busy professionals seeking sustainable fat loss + optimal health. At The Clubhouse we believe your health is an ongoing evolution - this is why we make our client's wellbeing our number one priority. Our approach to longevity is through sustainable lifestyle choices and education.

Your training, your nutrition, your recovery suite (Ice barrel & Sauna) and a complete community of support are all a 4 minute walk from Central MTR station. Whether you're managing a corporate job or juggling multiple responsibilities, our approach ensures there is a tried-and-tested system in place to remove all the second guessing that exists in your Health & Fitness journey.

theclubhousehongkong.com



Drinks Partner

ONLY is more than just a beverage brand. Our vision is to redefine modern and social drinking experiences, by creating high quality, delicious, and better-for-you alcoholic ready-to-drink beverages on the market.

Drinks you can enjoy freely and conveniently, allowing you to focus on the moment, while effortlessly enhancing it.

drinkonly.co

GOOD LUCK TO ALL RUNNERS!



Don't forget to share the excitement on social media
#RunForYourCity



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[@BloombergSquareMileRelay_](https://www.instagram.com/BloombergSquareMileRelay_)



[Bloomberg_Square Mile Relay](https://www.facebook.com/Bloomberg_Square_Mile_Relay)

Still have questions?

Head to our [FAQ](#) page or contact us via email below

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